



ARCA Web Academy

- a training event for regional center board members -

May 10, 2022

Sponsored by

The California Community **Collaborative**
for Developmental Services

The Self-Determination Program

We'll discuss the history of the Self-Determination Program (SDP), basic rules and regulations that govern the way it works, and challenges in implementing the goals of SDP.

AGENDA

6:00pm – Meeting Kickoff, Welcome

Rita Walker, President, ARCA Board of Directors
Amy Westling, Executive Director, ARCA

6:05pm – My Health and Wellness Story through Self-Determination

Charles Nutt, Self-Determination Advisory Committee Chair, FNRC

6:10pm – History of SDP from Pilot to Law

Elizabeth Harrell, Community Services Director, ELARC

6:25pm – Basic Program Structures

Antoinette Perez, Director of Children's Services, HRC

6:40pm – Implementation Challenges

Suzy Requarth, Self Determination Project Manager, SDRC

6:55pm – Question and Answer

7:05pm – Breakout Sessions

7:25pm – Wrap-up and Conclusion

About The ARCA Web Academy

The Association of Regional Center Agencies (ARCA) represents the California's network of 21 regional centers, serving over 350,000 Californian children and adults with developmental disabilities.

In mid-2019, several ARCA board members were discussing the interest their regional centers' boards had in training and professional development opportunities. They brought forward the idea of a training event, open to all regional center boards, meant to bring board members together to learn best practices, improve their oversight skills, and generally support their work as the people in charge of large non-profits.

The ARCA Board of Directors formally approved the idea, and through the work of ARCA staff, under the direction of an *ad hoc* committee, an event was held in February 2020, tailored to best meet the development needs of all attendees. Over one hundred attendees from every regional center joined this day-long event, featuring plenary speakers and breakout sessions. More information is available at <https://www.cal-collab.net/academy2020/>

Based on participant and ARCA Board feedback, it was decided that additional trainings should be developed. With the COVID-19 pandemic, those trainings were converted to webinars, providing additional flexibility in scheduling and participation. Webinars and supporting materials are archived at <https://cal-collab.net/web-academies>

Thank you for joining us, and for your commitment to ensuring that California's regional centers can continue to work to meet the needs of people with developmental disabilities.