



## Family Support Services Frequently Asked Questions

### *Respite Services*

#### **1. Can parents receive respite if their child lives independently?**

Respite is for family members providing constant care at home. Please contact your service coordinator for alternative support options if the individual lives independently.

#### **2. How often is out-of-home respite available?**

The amount of service depends on the needs of the person. Please contact your regional center for specific information on out-of-home respite frequency.

#### **3. What is the process for requesting out-of-home respite?**

Please contact your regional center service coordinator to discuss and complete an Individual Program Plan (IPP), including out-of-home respite.

#### **4. Is administering medication considered a Special Medical Need?**

Yes, administering medication is considered a Special Medical Need and is not within a respite worker's role.

#### **5. What information must be submitted for regional centers to determine needed hours?**

The regional center will need information about each person's needs, their daily schedule, and other supports they receive. Please talk with your regional center; hours are determined through the Individual Program Plan (IPP).

#### **6. Can a respite worker handle self-injurious behaviors?**

Check with your regional center for respite worker qualifications.

#### **7. Can families waive background checks for employees of record?**

Background checks are required and cannot be waived by families.

### *Day Care Services*

#### **1. What is meant by natural supports?**

Natural supports are people like family members, friends, students, coworkers, and other community members already in a child's life.

#### **2. Is there a final age for daycare availability for adults?**

Daycare is generally for children up to 12, but older children may receive support if needed.

#### **3. Does a child have to be potty trained for daycare services?**

Potty training is only required if the child care program requires it.

#### **4. What is the family income requirement for daycare qualification?**

There is no income requirement for daycare funding for costs higher than regular daycare costs. Financial need is considered if the request is for the regional center to also fund regular daycare costs.





## ***Personal Assistance***

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### **1. Can Personal Assistants drive the people they are serving?**

Personal Assistants may be able to transport clients with appropriate insurance coverage. Contact your regional center for transportation policies regarding Personal Assistant Services.

### **2. Can minors receive Personal Assistant Services?**

Yes, minors can receive Personal Assistant Services.

### **3. Can one receive In-Home Supportive Services and Personal Assistant Services?**

Yes, both services can be received if they address different needs in the Individual Program Plan (IPP) and are provided at different times.

### **4. Can a parent provide Personal Assistant hours for an adult child?**

A family member can provide Personal Assistant Services for an adult child.

### **5. Can a Personal Assistant start and end at different locations and still follow Electronic Visit Verification rules?**

Personal Assistant Services can start and end at different locations, as long as this is noted in the Individual Program Plan (IPP) and Electronic Visit Verification (EVV) system.